

**PREPARATION FOR YOUR COLONOSCOPY**

**Medication Instructions:**

Continue these medications:	Stop these medications as indicated:		
<ul style="list-style-type: none"> <li>• Blood pressure</li> <li>• Heart medications</li> </ul>	<b>7 days prior</b> <ul style="list-style-type: none"> <li>• Plavix</li> <li>• Ticlid</li> <li>• Effient</li> </ul>	<b>5 days prior</b> <ul style="list-style-type: none"> <li>• Dicumarol    Brilinta</li> <li>• Coumadin</li> <li>• Warfarin</li> </ul>	<b>3 day prior</b> <ul style="list-style-type: none"> <li>• Xarelto    Eliquis</li> <li>• Pradaxa</li> <li>• Agrylin</li> </ul>
Take these medications <u>on the day of procedure</u> just before you stop drinking liquids:	If you take any of the following medications ask for special instructions:		
<ul style="list-style-type: none"> <li>• Blood pressure</li> <li>• Heart medications</li> </ul>	<ul style="list-style-type: none"> <li>• Diabetic</li> <li>• Water pills</li> <li>• Iron pills</li> </ul>	<ul style="list-style-type: none"> <li>• Pletal</li> <li>• Persantine</li> <li>• Aggrenox</li> </ul>	

Fill prescription for Suprep at your local pharmacy.

1. Starting the morning prior to your procedure \_\_\_\_\_ drink plenty of clear liquids **ONLY**.

What you can have:	What you can NOT have:
<ul style="list-style-type: none"> <li>• Water</li> <li>• Clear broth</li> <li>• Tea (no milk)</li> <li>• Black coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Fruit juices (not red)</li> <li>• Jell-O (not red)</li> <li>• Ice pops</li> <li>• soda</li> </ul>
<ul style="list-style-type: none"> <li>• Milk</li> <li>• Dairy products</li> <li>• Red juices</li> <li>• Red Jell-O</li> </ul>	<ul style="list-style-type: none"> <li>• Alcohol</li> <li>• Orange juice</li> <li>• Solid food</li> </ul>

2. At **6:30 pm** the night before your procedure \_\_\_\_\_ take the first 6-ounce bottle of SUPREP. Pour one 6 bottle of Suprep into the mixing container. Add cool drinking water up to the 16 ounce line on the container and mix. **YOU MUST DRINK** two more 16 ounce containers of water over the next 1 hour
3. At **6 am** on the morning of your procedure \_\_\_\_\_ pour the remaining 6-ounce bottle of Suprep into the mixing container. Add cool drinking water up to the 16 ounce line on the container and mix. **YOU MUST DRINK** two additional 16 ounce containers of water over the next 1 hour.
4. Continue drinking liquids up until 4 hours before your colonoscopy.

Someone will have to drive you home about 1 to 2 hours after the procedure is completed. **You will not be able to drive or operate potentially dangerous machinery for at least 12 to 24 hours after the procedure.**

**Shortly after the procedure is completed, the doctor will give you preliminary test results. It is expected of the patient to call the office for biopsy results (if taken) and further instructions 4 to 5 days after the procedure when these results become available. If you were taking any Dicumarol, warfarin, coumadin, Plavix, Pradaxa, Effient, Xarelto, Ticlid, Eliquis or Brilinta prior to your procedure DO NOT RESUME THIS MEDICATION UNTIL INSTRUCTED BY THE DOCTOR.**

***Appointment Schedule:***

Name: \_\_\_\_\_ Time: \_\_\_\_\_ Date: \_\_\_\_\_

Facility: \_\_\_\_\_ Arrival Time: \_\_\_\_\_