

**PREPARATION FOR YOUR COLONOSCOPY**

**Medication Instructions:**

Continue these medications:		Stop these medications as indicated:		
<ul style="list-style-type: none"> <li>Blood pressure</li> <li>Heart medications</li> </ul>	<b>7 days prior</b>	<b>5 days prior</b>	<b>3 day prior</b>	
	<ul style="list-style-type: none"> <li>Plavix</li> <li>Ticlid</li> <li>Effient</li> </ul>	<ul style="list-style-type: none"> <li>Dicumarol</li> <li>Coumadin</li> <li>Warfarin</li> </ul>	<ul style="list-style-type: none"> <li>Xarelto</li> <li>Pradaxa</li> <li>Agrylin</li> </ul>	
<b>Take these medications <u>on the day</u> of procedure just before you stop drinking liquids:</b>		<b>If you take any of the following medications ask for special instructions:</b>		
<ul style="list-style-type: none"> <li>Blood pressure</li> <li>Heart medications</li> </ul>		<ul style="list-style-type: none"> <li>Diabetic</li> <li>Water pills</li> <li>Iron pills</li> </ul>	<ul style="list-style-type: none"> <li>Pletal</li> <li>Persantine</li> <li>Aggrenox</li> </ul>	

**Fill the following prescription at your drug store:**

- 1 container of TriLyte (with flavor packets)
- Dulcolax tablets (laxative NOT stool softener)

1. Starting the morning prior to your procedure \_\_\_\_\_ drink plenty of clear liquids **ONLY**.

What you can have:		What you can NOT have:	
<ul style="list-style-type: none"> <li>Water</li> <li>Clear broth</li> <li>Tea (no milk)</li> <li>Black coffee</li> </ul>	<ul style="list-style-type: none"> <li>Fruit juices (not red)</li> <li>Jell-O (not red)</li> <li>Ice pops</li> <li>soda</li> </ul>	<ul style="list-style-type: none"> <li>Milk</li> <li>Dairy products</li> <li>Red juices</li> <li>Red Jell-O</li> </ul>	<ul style="list-style-type: none"> <li>Alcohol</li> <li>Orange juice</li> <li>Solid food</li> </ul>

- 2. At **12:00 P.M.** on \_\_\_\_\_ take 2 Dulcolax (bisacodyl) tablets.
- 3. Follow the mixing instructions on the side of the container.
- 4. At **6:00 P.M.** on \_\_\_\_\_ drink an 8 oz glass of solution every ten minutes until half the container is completed (2 liters). Continue to drink as much liquids as possible.
- 5. At **7:00 AM** on \_\_\_\_\_ drink an 8 oz. glass of solution every ten minutes until you finish the remaining solution.

You may drink clear liquids **up until 3 hours** before your colonoscopic procedure.

Someone will have to drive you home about 1 to 2 hours after the procedure is completed. **You will not be able to drive or operate potentially dangerous machinery for at least 12 to 24 hours after the procedure.**

**Shortly after the procedure is completed, the doctor will give you preliminary test results. It is expected of the patient to call the office for biopsy results (if taken) and further instructions 4 to 5 days after the procedure when these results become available. If you were taking any Dicumarol, warfarin, coumadin, Plavix, Pradaxa, Effient, Xarelto or Ticlid prior to your procedure DO NOT RESUME THIS MEDICATION UNTIL INSTRUCTED BY DR. WEXLER.**

**Appointment Schedule:**

Name: \_\_\_\_\_ Time: \_\_\_\_\_ Date: \_\_\_\_\_

Facility: \_\_\_\_\_ Arrival Time: \_\_\_\_\_