

PREPARATION FOR YOUR COLONOSCOPY

Medication Instructions:

Continue these medications:	Stop these medications as indicated:		
<ul style="list-style-type: none"> • Blood pressure • Heart medications 	7 days prior <ul style="list-style-type: none"> • Plavix • Ticlid • Effient 	5 days prior <ul style="list-style-type: none"> • Dicumarol Brilinta • Coumadin • Warfarin 	3 day prior <ul style="list-style-type: none"> • Xarelto Eliquis • Pradaxa • Agrylin
Take these medications on the day of procedure just before you stop drinking liquids:	If you take any of the following medications ask for special instructions:		
<ul style="list-style-type: none"> • Blood pressure • Heart medications 	<ul style="list-style-type: none"> • Diabetic • Water pills • Iron pills 	<ul style="list-style-type: none"> • Pletal • Persantine • Aggrenox 	

Fill prescription for Plenvu at your local pharmacy.

1. Starting the morning prior to your procedure _____ drink plenty of clear liquids **ONLY**.

What you can have:	What you can NOT have:
<ul style="list-style-type: none"> • Water • Clear broth • Tea (no milk) • Black coffee 	<ul style="list-style-type: none"> • Fruit juices (not red) • Jell-O (not red) • Ice pops • soda
<ul style="list-style-type: none"> • Milk • Dairy products • Red juices • Red Jell-O 	<ul style="list-style-type: none"> • Alcohol • Orange juice • Solid food

2. At **5 PM** the night before your procedure _____ use the mixing container to dilute the contents in Dose 1 pouch in 16 ozs of water. Shake or stir until dissolved. Drink solution slowly within 30 minutes (do not chug it). Drink another 16 ozs of clear liquid within another 30 minutes.
3. At **9:00 PM** the night before your procedure _____ use the mixing container to dilute Dose 2 (two pouches) in 16 ozs of water. Shake or stir until dissolved. Drink solution within 30 minutes (do not chug it). Refill container with another 16 ozs of liquid and drink this within 30 minutes.
4. Continue drinking liquids up until 3 hours before your colonoscopy.

DETAILED ILLUSTRATED INSTRUCTIONS CAN BE FOUND ON THE BOX.

Someone will have to drive you home about 1 to 2 hours after the procedure is completed. **You will not be able to drive or operate potentially dangerous machinery for at least 12 to 24 hours after the procedure.**

Shortly after the procedure is completed, the doctor will give you preliminary test results. It is expected of the patient to call the office for biopsy results (if taken) and further instructions 4 to 5 days after the procedure when these results become available. If you were taking any Dicumarol, warfarin, coumadin, Plavix, Pradaxa, Effient, Xarelto, Ticlid, Eliquis or Brilinta prior to your procedure DO NOT RESUME THIS MEDICATION UNTIL INSTRUCTED BY THE DOCTOR.

Appointment Schedule:

Name: _____ Time: _____ Date: _____

Facility: _____ Arrival Time: _____