

PREPARATION FOR YOUR COLONOSCOPY

Medication Instructions:

Continue these medications:	Stop these medications as indicated:		
<ul style="list-style-type: none"> • Blood pressure • Heart medications 	7 days prior	5 days prior	3 day prior
	<ul style="list-style-type: none"> • Plavix • Ticlid • Effient 	<ul style="list-style-type: none"> • Dicumarol Brilinta • Coumadin • Warfarin 	<ul style="list-style-type: none"> • Xarelto Eliquis • Pradaxa • Agrylin
Take these medications <u>on the day of procedure</u> just before you stop drinking liquids:	If you take any of the following medications ask for special instructions:		
<ul style="list-style-type: none"> • Blood pressure • Heart medications 	<ul style="list-style-type: none"> • Diabetic • Water pills • Iron pills 	<ul style="list-style-type: none"> • Pletal • Persantine • Aggrenox 	

Fill the following prescription at your drug store:

1 container of Golytely or Gavilyte

Buy the following over the counter product:

Dulcolax (bisacodyl) tablets (LAXATIVE not stool softener)

1. Starting the morning prior to your procedure _____ drink plenty of clear liquids **ONLY**.

What you can have:	What you can NOT have:
<ul style="list-style-type: none"> • Water • Clear broth • Tea (no milk) • Black coffee 	<ul style="list-style-type: none"> • Fruit juices (not red) • Jell-O (not red) • Ice pops • soda
<ul style="list-style-type: none"> • Milk • Dairy products • Red juices • Red Jell-O 	<ul style="list-style-type: none"> • Alcohol • Orange juice • Solid food

2. At **12:00 P.M.** on _____ take the 2 Dulcolax (bisacodyl) tablets.

3. Follow the mixing instructions for the Golytely.

4. At **6:00 P.M.** on _____ drink all the solution in the Golytely container. Continue to drink as much liquids as possible.

You may drink clear liquids **up until 3 hours** before your colonoscopic procedure.

Someone will have to drive you home about 1 to 2 hours after the procedure is completed. **You will not be able to drive or operate potentially dangerous machinery for at least 12 to 24 hours after the procedure.**

Shortly after the procedure is completed, the doctor will give you preliminary test results. It is expected of the patient to call the office for biopsy results (if taken) and further instructions 4 to 5 days after the procedure when these results become available. If you were taking any Dicumarol, warfarin, coumadin, Plavix, Pradaxa, Effient, Xarelto, Ticlid, Eliquis or Brilinta prior to your procedure DO NOT RESUME THIS MEDICATION UNTIL INSTRUCTED BY THE DOCTOR.

Appointment Schedule:

Name: _____ Time: _____ Date: _____

Facility: _____ Arrival Time: _____