

PREPARATION FOR YOUR COLONOSCOPY

Medication Instructions:

Continue these medications:	Stop these medications as indicated:		
<ul style="list-style-type: none"> Blood pressure Heart medications 	7 days prior <ul style="list-style-type: none"> Plavix Ticlid Effient 	5 days prior <ul style="list-style-type: none"> Dicumarol Coumadin Warfarin 	3 day prior <ul style="list-style-type: none"> Xarelto Pradaxa Agrylin
Take these medications on the day of procedure just before you stop drinking liquids: <ul style="list-style-type: none"> Blood pressure Heart medications 		If you take any of the following medications ask for special instructions: <ul style="list-style-type: none"> Diabetic Water pills Iron pills Pletal Persantine Aggrenox 	

Pick up the following prescription at your pharmacy

Clenpiq oral solution (do not refrigerate or freeze Clenpiq)

Pick up the following over the counter product

1 – 10 oz bottle of Citrate of Magnesium (as long as there is no red or purple color in the liquid)

1. Starting the day prior to your procedure _____ drink plenty of clear liquids **ONLY**. It is important that you drink large amounts of liquid to avoid dehydration.

What you can have:		What you can NOT have:	
<ul style="list-style-type: none"> Water Clear broth Tea (no milk) Black coffee 	<ul style="list-style-type: none"> Fruit juices (not red) Jell-O (not red) Ice pops soda 	<ul style="list-style-type: none"> Milk Dairy products Red juices Alcohol 	<ul style="list-style-type: none"> Red Jell-O Orange juice Solid food

2. At **6 P.M.** the day before your procedure _____ drink one bottle of the Clenpiq provided in the box it does not need to be mixed or diluted. Do not refrigerate or freeze Clenpiq. Drink the solution within 15 minutes. Drink an additional five glasses (8 ozs each) of liquid at your own pace.

3. At **8 P.M.** on _____ **IF** you have not moved your bowels by this time, then drink a 10 oz. bottle of Citrate of Magnesium followed by another four 8 oz. Glasses of the beverage of your choice. Continue drinking liquids.

4. At **6 A.M.** on _____ drink the remaining bottle of Clenpiq within 15 minutes. Follow with an additional three glasses (8 ozs each) of liquid at your own pace. You may drink clear liquids up until 3 hours before your procedure.

Someone will have to drive you home about 1 to 2 hours after the procedure is completed. **You will not be able to drive or operate potentially dangerous machinery for at least 12 to 24 hours after the procedure.**

Shortly after the procedure is completed, the doctor will give you preliminary test results. It is expected of the patient to call the office for biopsy results (if taken) and further instructions 4 to 5 days after the procedure when these results become available. If you were taking any Dicumarol, warfarin, coumadin, Plavix, Pradaxa, Effient, Xarelto or Ticlid prior to your procedure **DO NOT RESUME THIS MEDICATION UNTIL INSTRUCTED BY DR. WEXLER.**

Appointment Schedule:

Name: _____ Time: _____ Date: _____

Facility: _____ Arrival Time: _____