

PREPARATION FOR YOUR COLONOSCOPY

Medication Instructions:

Continue these medications:	Stop these medications as indicated:		
<ul style="list-style-type: none"> Blood pressure Heart medications 	7 days prior <ul style="list-style-type: none"> Plavix Ticlid Effient 	5 days prior <ul style="list-style-type: none"> Dicumarol Coumadin Warfarin 	3 day prior <ul style="list-style-type: none"> Xarelto Pradaxa Agrylin
Take these medications <u>on the day</u> of procedure just before you stop drinking liquids:		If you take any of the following medications ask for special instructions:	
<ul style="list-style-type: none"> Blood pressure Heart medications 	<ul style="list-style-type: none"> Diabetic Water pills Iron pills 	<ul style="list-style-type: none"> Pletal Persantine Aggrenox 	

Buy the following over the counter products

- Dulcolax tablets make sure it's the laxative NOT the stool softener (need at least 2 tablets)
- 3 - 10 oz. bottles of Citrate of Magnesium (not cherry flavored)

1. Starting the day prior to your procedure _____ drink plenty of clear liquids **ONLY**. It is important that you drink large amounts of liquid to avoid dehydration.

What you can have:		What you can NOT have:	
<ul style="list-style-type: none"> Water Clear broth Tea (no milk) Black coffee 	<ul style="list-style-type: none"> Fruit juices (not red) Jell-O (not red) Ice pops soda 	<ul style="list-style-type: none"> Milk Dairy products Red juices Alcohol 	<ul style="list-style-type: none"> Red Jell-O Orange juice Solid food

2. At **7 P.M.** the day before your procedure _____ take one (1) Dulcolax tablet with one 10 oz bottle of Citrate of Magnesium. After finishing the bottle of Citrate of Magnesium follow with four 8 oz. glasses of Gatorade or beverage of your choice, one every 10 minutes (total of four glasses within 40 minutes). Continue drinking liquids.

3. At **9 P.M.** on _____ take another (1) tablet of Dulcolax. **However** if you have not moved your bowels by this time, then drink a second 10 oz. bottle of Citrate of Magnesium followed by another four 8 oz. glass of Gatorade or beverage of your choice, one glass every 10 minutes. Continue drinking liquids.

4. At **6 AM** on _____ take another 10 oz. bottle of Citrate of Magnesium followed by four 8 oz. glasses of Gatorade or beverage of your choice, one every 10 minutes (total of four glasses within 40 minutes). You can drink clear liquids up to three (3) hours before your scheduled appointment.

Someone will have to drive you home about 1 to 2 hours after the procedure is completed. **You will not be able to drive or operate potentially dangerous machinery for at least 12 to 24 hours after the procedure.**

Shortly after the procedure is completed, the doctor will give you preliminary test results. It is expected of the patient to call the office for biopsy results (if taken) and further instructions 4 to 5 days after the procedure when these results become available. If you were taking any Dicumarol, warfarin, coumadin, Plavix, Pradaxa, Effient, Xarelto or Ticlid prior to your procedure DO NOT RESUME THIS MEDICATION UNTIL INSTRUCTED BY DR. WEXLER.

Appointment Schedule:

Name: _____ Time: _____ Date: _____

Facility: _____ Arrival Time: _____